

Fear Factor

The Elephant in the Dental room

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It is a fact that **most people are afraid of visiting a dentist**. Their dislike of the dentist often has nothing to do with a past bad experience. The fear is usually a reflection of inhibition or anxiety toward dental procedures. It's a common problem for hundreds of thousands of people. In the old days, people would avoid the dentist at all costs. Thankfully today, modern technology has allowed a select number of licensed dental professionals to offer a technique called IV sedation dentistry.

Sedation dentistry specifically addresses the problem of dental fear. It eases patient worries about any dental procedure, from simple cleanings to complicated oral surgical procedures, to full mouth rehabilitation. Using a blend of pain relievers and sedatives, a sedation dentist offers patients a painless and stress free experience that results in a sparkling smile. This article details why a person should consider this style of dentistry, the types offered, and how a person can go about finding the perfect sedation dentist.

What Is Sedation Dentistry?

Sedation dentistry is a technique whereby a sedation dentist administers a sedative to their patient before commencing treatment. The sedative can be given to the patient in many forms. IV (intravenous) sedation is believed to be the most reliable and titratable (most precise amount needed to achieve desired effect) form of sedation. Once the sedative is administered, the patient comfortably falls into a very drowsy, relaxed state. During the treatment, the dentist will closely monitor the patient's vital signs, oxygen concentration, respiratory rate, and the electrocardiogram activity of the heart.

What Are The Benefits?

The main benefit of visiting a sedation dentist is **that it takes the stress and worry out of visiting the dentist**. People with a real phobia of visiting the dentist can now have the treatment that they would normally have put off, when they need it. This positively affects that patient's health, and even their appearance.

What Are The Risks?

There are always some risks associated with administering sedative drugs. According to the American Dental Association, the risks of sedation dentistry are quite low. Those at higher risk are patients who have an existing medical condition and heart conditions in particular. Your

sedation licensed dental professional can properly explain all of the associated risks to you and conducts a thorough medical history check.

Do All Dentists Practices Offer Sedation Dentistry?

The short answer is no. You could not just walk into any dental clinic and expect them to offer sedation dentistry. Sedation dentistry is a specialized field and a sedation dentist must have the appropriate training and experience. The American Dental Association advises that a sedation dentist should have completed training in administering anesthetics.

The good news for those who have a phobia of the dentist is that the practice is starting to spread throughout the nation. Also, for patients that have been putting off the dentist and are experiencing deteriorating oral health due to phobia, sedation dentistry can help significantly. Years of dental treatment may also be done in just a few appointments, comfortably.

Millions of people experience anxiety over seeing a Dentist. Feeling anxious or even outright scared by the thought of dental treatment is nothing to be embarrassed about; it is a fear shared by many.

Dr Noie offers two levels of Sedation to help make your treatment more comfortable. Patients may choose a selection of either (Intravenous) IV Sedation, or Nitrous Oxide methods. Sedation Dentistry enables you to receive the dental care you require; easily, quickly and comfortably. Even the most highly anxious individuals can be treated successfully using this technique. You will be relaxed and at ease throughout the procedure. You are not unconscious at any time, just in a deeply relaxed state. The best part is that most patients don't have any recollection of the procedure at all. **It is like everything was repaired and restored magically.**

For more information about IV Sedation dentistry and to find out if you are a candidate for sedation dentistry please contact Dr. Noie at (281) 332-4700 or go to his website at www.drnoie.com .